**Participant Information**

**Name**:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date of Birth**:\_\_\_\_\_\_\_\_\_\_\_\_ **Phone number:**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Address**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Email**:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Check group(s) you are registering for:**

|  |  |  |
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| **Groups: *Children, Teens, Emerging Adult*** | **Group Leader** | **Cost & session Info** |
| **Adolescent DBT (12 – 18 years old): 8 sessions**  Introduction to skills | **Ashley, LAMFT**  **Ana, Intern**  Online  TBD – reach out for info | $350 ($60 single session rate)  60 minutes per week/8weeks  **Wednesdays 5:00pm – 6:00pm** |
| Early Adult **DBT (18-25 years old):**  **8 sessions**  Introduction and review of skills | **Emily, LAMFT-T, LAC-T**  Online  TBD – reach out for info | $350 ($60 single session rate)  60 minutes per week/8 weeks  **Thursdays 5:30pm – 6:30pm** |
|  |  |  |
| **Groups: *Adults*** | **Group Leader** | **Cost & session Info** |
| **Adult Level 1: Beginner**  **8 sessions**  Introduction to Distress Tolerance | **Bradley, LAMFT**  Online  Starting July 30th, 2025 | $350  ($60 single session rate)  90 minutes per week  **Wednesdays 5:30 – 7:00pm** |
| **Adult Level 2: Advanced**  **6 sessions**  Review of skills | **Ashley, LAMFT**  **Emily, LAMFT-T, LAC-T**  Online  Starting August 12th, 2025 | $325  ($60 single session rate)  90 minutes bi-weekly  **Tuesdays 6:00 – 7:30pm** |
| Family Recalibration  **5 sessions** | **Ashley, LAMFT**  **Ana, intern**  **Online**  TBD – reach out for info | $275  ($60 single session rate)  60 minutes per week  **Thursdays 1:00-2:00pm** |

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| **Signature:** |

***If you do not already have a credit card on file, please complete this form with your registration.***

Graphical user interface, text, application

Description automatically generated

**Email associated with owner of this card: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**